

Putting pressure on a crippling disease

NEWS EXTRA

By David Finlay

Plight of the thirsty animals

AS the North-east's human population shrinks in the Arctic weather an Aberdeen animal welfare inspector has a timely tale of woe from the animal kingdom.

Humans were recently made aware of the need to conserve water when snow piled up and blocked an aqueduct at a Deslade treatment works.

But Inspector George Rose claims people are not always aware of the importance of water to animals.

He works for the Aberdeen Association for the Prevention of Cruelty to Animals, which has taken out a huge local newspaper advert to remind people of animals' plight at this time of year.

It urges people to always make water available in the home or farm, and illustrates cattle attempting to smash ice on a farm trough.

"A frozen trough is an empty trough," it explains.

Not providing sufficient water for animals is a prevalent fault with pet owners, claims Mr Rose.

"If you were to go out around places where animals are kept, you would have no difficulty in finding lots and lots of troughs where there are breaks in the ice and can't get a drink because the water is frozen."

Animals kept outside should also be sheltered from the elements with windbreak, he points out.

EVERY day Mrs Christine Anderson travels to an out-of-the-way industrial estate on the outskirts of Aberdeen to "dive" for the treasure of better health.

She is one of the band of multiple sclerosis sufferers in the North-east flocking to Dye to try a controversial treatment that has claimed a high success rate in relieving the disabling effects of the illness.

Christine, from Elton, is almost midway through the initial 20 one-hour daily sessions in the pressurised hyperbaric chamber, similar to a diving chamber, run by Action Research for Multiple Sclerosis.

"I used to be a great reader but I get double vision now. But my eyesight seems to be coming back a wee bit. I would put it down to the hyperbaric sessions," she said.

RETURN

Some other regulars who return for weekly or fortnightly "top ups" report even greater improvement.

For some, like John Keimann of Aberdeen, the gnawing pain in his legs that came with the disease has gone.

Bob Shaw of Grampian ARMS, who suffers from multiple sclerosis, said: "A lot of people have shown big improvements. About 80% of the people with bladder trouble are better for example."

He makes it plain that the hyperbaric, in which people go down to "depths" of between 16 and 33 feet and are given pure oxygen, is not a cure.

But the self-help treatment has drawn severe criticism from



□ In the chamber at Dye are John Keimann and Gwyneth Dryburgh under the watchful eye of Bob Shaw.

neurologists and the Multiple Sclerosis Society — which ARMS split from about a decade ago.

"The history of the disease is absolutely littered with claims like this," said the general secretary of the Multiple Sclerosis Society John Watford.

"One of the last claimed 'treatments' was snake venom and 30 years ago people were taking arsenic," he said.

He expressed fears that many people might be disappointed and could even suffer from the treatment if hyperbaric chambers don't live up to expectations.

But the idea has prompted enough interest among the medical profession for the Multiple Sclerosis Society to undertake a research programme.

Bob Shaw of ARMS said: "I don't know if it is all in the mind or not but that doesn't matter if people are feeling better."



□ The ARMS centre at Dye (left to right) — Gwyneth Dryburgh, Christine Anderson, Bob Shaw and John Keimann.

BRIDGES

DESPITE the wintry conditions 28 pairs came from as far afield as Fraserburgh, Banff, New Paltz and Inverness to play in the Rennie Trophy for married couples on Sunday.

This year's results: 1 Mr and Mrs R. Nairn 396; 2 Mr and Mrs C. J. Gould 385; 3 Mr and Mrs R. Fraser 364.

The Dutch Seion individual competition played in the Bridge Club on Saturday was won by Mr David Campbell with 178 points.

Scotland beat Wales in the first of the international matches at Perth over the weekend, playing 30 boards a match.

Scotland led 8-4, 7-4, 11-1.

The Scottish team consisted of K. Baxter, J. Paterson, T. N. Culbertson, R. Barstall, W. Coyle and B. Shenkin.

RESULTS

"DAILY RECORD" CUP 4th ROUND

Team	W	L	T
1 (qual)	1	0	0
2	1	0	0
3	1	0	0
4	1	0	0
5	1	0	0
6	1	0	0
7	1	0	0
8	1	0	0
9	1	0	0
10	1	0	0
11	1	0	0
12	1	0	0
13	1	0	0
14	1	0	0
15	1	0	0
16	1	0	0
17	1	0	0
18	1	0	0
19	1	0	0
20	1	0	0
21	1	0	0
22	1	0	0
23	1	0	0
24	1	0	0
25	1	0	0
26	1	0	0
27	1	0	0
28	1	0	0
29	1	0	0
30	1	0	0

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Bride of the Week

This week's "Bride of the Week" is Linda Clark (nee O'Neill), 27, of Aberdeen. She was married to Mr. Clark on 17th January.

Women get gym slip holidays

THE days of St Trinians are set to make a comeback in the unlikely surroundings of an Irish fishing village.

For 200 a week mature women seeking for their jelly hockey sticks school days can have that atmosphere specially recreated in a converted County Donegal hotel.

In premises renamed "St. Brigid's", just outside the village of Buncrana, the "girls" will dress in gym slips and bonnets and use the chalk and slates of Britain's educational past.

There will be lessons in maths, English grammar and art as well as the opportunity to take part in more active schoolgirl pursuits.

"School" administrator Miss Deborah McBride said today: "Our aim is to reproduce a typical girls' school environment for women who want to take a holiday from being an adult."

The women who enrol are expected to be aged about 30. At playtime they will be able to play tag and hide-and-seek and go skipping.

By the 16 a dozen women a time will be accepted for the courses, due to run throughout the summer. Most "Pupils" will be from Britain following advertisements in publications like "The New Statesman".

Miss McBride, from Camberley, Surrey, said: "We will be catering for ordinary people who would like a break from the modern world."

Court shown alleged porno pic

AN alleged rapist produced what he claimed was a photograph showing his former lover with former Prime Minister Edward Heath in a bedroom.

He asked for the paper thin, snap-sized picture to be handed to his former lover, Mrs X.

She was being cross examined by him during his Old Bailey trial.

The 34-year-old man, who has alleged Mr Heath has photographed in pornographic pictures with Mrs X, has denied raping and assaulting her.

She told the jury she had never seen the picture before, but agreed she appeared to be in it. Asked who the other person apparently shown in it was, she replied: "I do not know."

The defendant told the court: "There is the proof — you told Edward Heath."

The judge interrupted and told the woman: "What he is saying is: 'That is a picture of you and Edward Heath.' This must be made an exhibit."

The jury was then shown the alleged copy after the defendant said: "I would like them to see if so there is no mistake or any allegation from anyone at a later date."

Mrs X said she had never met Mr Heath.

The defendant had taken some pictures of her undressed, but they were of her alone.

The trial continues.

Boost for lifeboat fund

PETERHEAD Harbour trustees have launched the Fraserburgh Lifeboat Appeal with a £2000 cheque.

Mr James Buchanan, collector of shore dues, said today that the trustees wish to be associated with the appeal as a lot of Fraserburgh fishing boats landed catches and used facilities at the port.

The lifeboat, which will cost £40,000, will be based in the City of Edinburgh and ready for service in 1985.

The trustees have placed a £100,000 contract with Aberdeen engineering firm John Henderson Limited for a new slipway winch.

Mr Buchanan said the trustees were updating the machinery at the slipway which was still operational and the new winch was expected to be in service later this year. The present winch will be kept as a spare.

GAME 20 HAS BEEN WON GAME 21 STARTS BELOW

£5000 CASH MUST BE WON PLUS GAME PRIZE

★ YOUR DAILY CHECKLIST ★

To assist readers who may have missed their morning newspaper competition, we publish the following numbers as a helpful reader service.

DAILY STAR — Game 62
4, 7, 17, 26, 32, 36, 42, 45, 7, 76

Lucky Numbers
K 126180 7 20290 N 363186
L 270818 8 107710 9 180781
M 520848 P 468800 7 722184
Q 140857 K 140820 1 346719
V 648802 J 351470 7 708023

DAILY RECORD — Game 28
82, 45, 14, 36, 1, 51, 35, 65, 69

THIS SUN — Game 137
87, 30, 52, 50, 36

DAILY MAIL — Super Snooker (Frame 9)
C3 Red, A Game 23
C3 Red, A Game 23
C3 Red, A Game 23
C3 Red, A Game 23

DAILY MIRROR — Game 69
47, 47, 67, 65, 42, 10, 76, 82, 45, 30

Lucky Numbers
C 075320 A 051217 B 358286 A 366142
D 250753 B 071143 C 366142 A 366142
E 524343 C 1112807 C 074342 C 720198
F 703244 C 02431 C 523246 C 8007363
G 722025 A 468804 A 6484028

DAILY EXPRESS — Lucky numbers
£1,000,000 Cash
14-15-75-62-18-41 25-30-14-24-37-38
£25,000 Accelerator Day 5
-17-
80-23-01-44 75-28-12-53
£1000
95-37-45-78 55-55-36-21 28-22-34-41
33-72-49-39 96-08-91-72 96-08-74-34
98-42-46-18 98-41-26-17 08-08-08-08
80-42-36-41 75-08-42-60 13-19-24-40
12-41-50-47 20-08-04-06 80-01-03-04

HERE'S A SUPER WEEKEND IN AMSTERDAM TO BE WON FROM AIR U.K.



Scheduled services from Aberdeen to Amsterdam, Belfast, Bergen, Edinburgh, Humberside, Leeds/Bradford, Newcastle, Norwich, Stavanger and Tees-Side, also Paris from March 26, 1984.